

MISSION HILLS UNITED CHURCH OF CHRIST
An Open and Affirming (ONA) Congregation

4070 Jackdaw Street
San Diego, California 92103
www.missionhillsucc.org



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(619) 296-2169

January 19, 2025

~ Martin Luther King, Jr. Sunday ~

10:00 a.m.

PRELUDE

"Moment by Moment"

- arr. by Cindy Berry

THE BELL

RECALLING WHY WE ARE HERE

One: "I have a dream that one day every valley shall be exalted, every hill and mountain shall be made low. The rough places will be plain and the crooked places will be made straight, and the glory of the Lord shall be revealed and all flesh shall see it together."

All: Isaiah had a dream!

One: "We come from the prodigious hilltops of New Hampshire, the mighty mountains of New York, the heightening Alleghenies of Pennsylvania, the snow-capped Rockies of Colorado, the curvaceous slopes of California, from Stone Mountain in Georgia, Lookout Mountain in Tennessee, and every hill and molehill in Mississippi to let freedom ring, to remember and to celebrate."

All: Martin had a dream!

One: "I say to you, my friends, even though we face difficulties today and tomorrow, I still have a dream."

All: We all have a dream! Let's worship God!

*SONG

"Lift Every Voice"

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PRAYERS OF GOD'S PEOPLE

email requests to: prayer@missionhillsucc.org

THE LORD'S PRAYER

Our God, who art in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For yours is the kingdom and the power and the glory forever. Amen.

RESPONSE

"Lord, Listen to your Children Praying"

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ANTHEM

"We Shall Overcome"

- arr. Sheldon Ridge Love

CHILDREN'S MESSAGE

*PASSING THE PEACE

*RESPONSE

"Open the Eyes of My Heart"

*Open the eyes of my heart, Lord
Open the eyes of my heart
I want to see You
I want to see You*

*To see You high and lifted up
Shining in the light of Your glory
Pour out Your power and love
As we sing holy, holy, holy*

SPEECH BY REV. DR. KING "Creative Maladjustment"

SERMON "What Does it Mean to be a Christian?"

PRAYER BY REV. DR. KING

One: O Thou Eternal God, out of whose absolute power and infinite intelligence the whole universe has come into being,

All: we humbly confess that we have not loved thee with our whole hearts, souls and minds, and we have not loved our neighbors as Christ loved us.

One: We have all too often lived by our own selfish impulses rather than by the life of sacrificial love as revealed by Christ.

All: We often give in order to receive. We often love our friends and hate our enemies. We go the first mile but dare not travel the second. We forgive but don't dare to forget.

One: And so as we look within ourselves, we are confronted with the appalling fact that the history of our lives is the history of an eternal revolt against you.

All: But thou, O God, have mercy upon us. Forgive us for what we could have been but failed to be. Give us the intelligence to know your will. Give us the courage to do your will. Give us the devotion to love thy will.

One: In the name and spirit of Jesus, we pray. Amen

SONG "Lord, Help Me to Hold Out"

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COMMUNITY BUILDING - Announcements

FAITH IN ACTION Youth Tijuana House Build

OFFERING

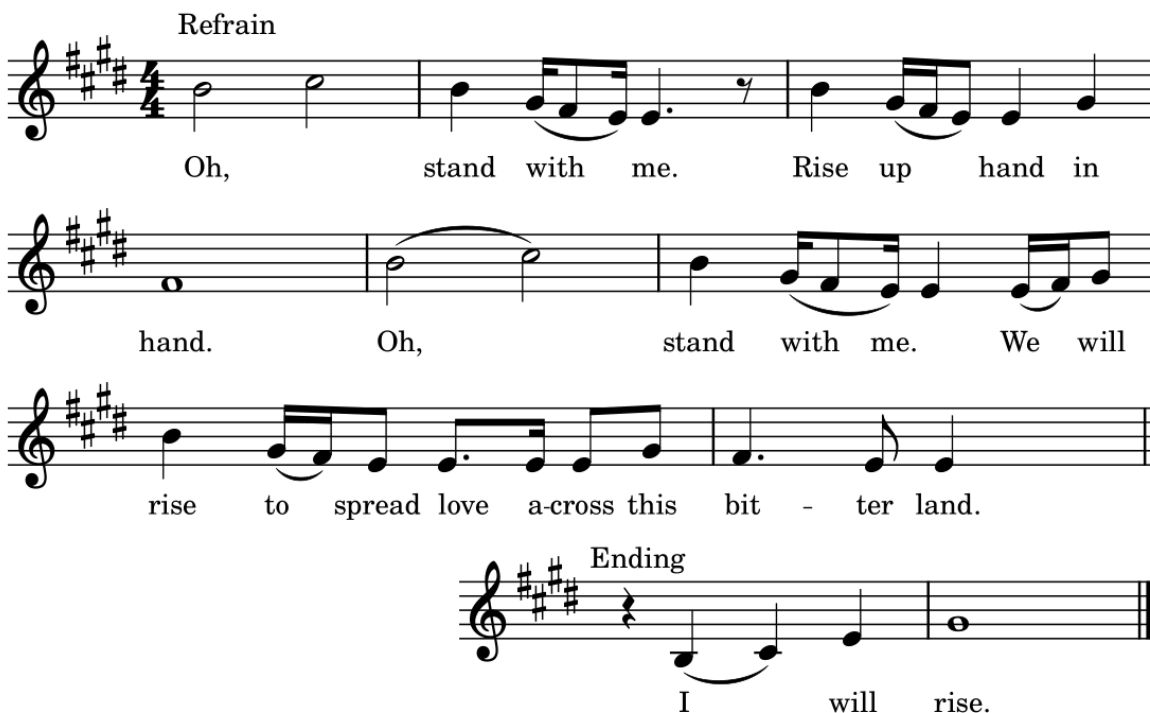
OFFERTORY "Interlude II"

- arr. by Mark Hayes

BENEDICTION

*AFFIRMATION "Rise"

Refrain



Oh, stand with me. Rise up hand in hand. Oh, stand with me. We will rise to spread love a-cross this bit - ter land.

Ending

I will rise.

Welcome to all worshipping with us today. If you are new to Mission Hills UCC, we invite you to fill out the blue card in the pew so we can get to know you and share more about our ministries and community life. We are a church that welcomes families with children in every aspect of our common life. During worship, child care services are available in the church nursery for those under three years of age. Baby changing tables are available in the unisex bathrooms.

<i>Pastor</i>	Rev. Dr. David Bahr
<i>Minister for Congregational Care</i>	Rev. Courtney Mys
<i>Liturgist</i>	Youth Group
<i>Director of Instrumental Music</i>	Kristopher Abels
<i>Director of Vocal Music</i>	Angelica Eclar
<i>Director of Ministry with Children and Families</i>	Artcel Ruiz
<i>Director of Ministry with Youth</i>	Fiona Case
<i>Worship Technologies Coordinator</i>	Saige Afalava
<i>Worship Technical Assistants</i>	Devin Buss & Trevor Norkowski
<i>Piano & Clarinet</i>	Norman Belleza
<i>Administrative Assistant</i>	Elizabeth Quiñones
<i>Sexton</i>	Gloria Schacht
<i>Nursery Attendants</i>	Jianna Ruiz & Amelia Norkowski
<i>ASL Interpreter</i>	Melissa Smith

Mission Hills UCC - Upcoming Events

January	Mission Partner: Youth Tijuana House Build
Sunday, 1/19	MLK Sunday Transforming Aging with Your Inner Voice, Commons, 3-5 pm
Tuesday, 1/21	Feeding Mission Hills Food Distribution, 10:30 am
Wednesday, 1/22	15 Minutes of Gratitude, zoom, 6 pm
Friday, 1/24	Youth Group Meeting/preparing for fundraiser, 6-9 pm
Saturday, 1/25	Murder Mystery Dinner Theater fundraising event, Fellowship Hall, 6-9 pm
Sunday, 1/26	Congregational Meeting, after worship Transforming Aging with Your Inner Voice, Commons, 3-5 pm
Wednesday, 1/29	15 Minutes of Gratitude, zoom, 6 pm
February	Mission Partner: Uptown Community Service Center
Saturday, 2/1	Youth volunteering with Friends of Cats, 12-3 pm
Sunday, 2/2	Barbara Christensen Ordination, 3 pm
Friday, 2/7	Knitting 2 Give, 10 am - 12 pm, Commons
Saturday, 2/8	Second Saturday Speaker Series, Fellowship Hall, 10 am - 12 pm
Sat. 2/15 - Sun. 2/16	Home building trip to Mexico with Casas de Luz
Tuesday, 2/18	Feeding Mission Hills Food Distribution, 10:30 am
Thursday, 2/20	Knitting 2 Give, 2-4 pm, Commons
Friday, 2/21	Youth group meeting/soup making, 5-9 pm
Sunday, 2/23	Souper Bowl Sunday

Every Week:

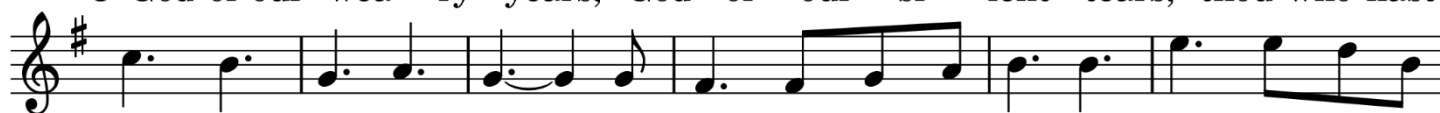
Sundays -	ReExamining Our Faith Book Study - 9 am - Commons
Tuesdays -	Men's Group - 6:30 pm - Commons
Thursdays -	Choir Rehearsal - 7 pm, Chapel
Saturdays -	Gentle Yoga - 9 am, Chapel

For all events, visit our online calendar: <https://missionhillsucc.org/calendar-of-events/>

"Lift Every Voice"



1 Lift ev-ery voice and sing till earth and heav - en ring, ring with the
2 Ston-y the road we trod, bit - ter the chas-tening rod, felt in the
3 God of our wea - ry years, God of our si - lent tears, thou who hast



har - mo - nies of lib - er - ty. Let our re-joic-ing rise high as the
days when hope un - born had died. Yet, with a stead-y beat, have not our
brought us thus far on the way; thou who hast by thy might led us in-



lis - tening skies; let it re-sound loud as the roll - ing sea.
wea - ry feet come to the place for which our par - ents sighed?
to the light, keep us for - ev - er in the path, we pray.



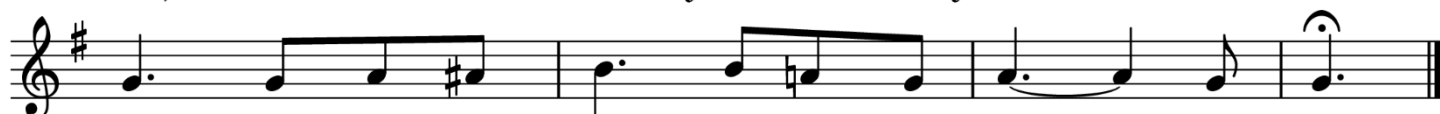
Sing a song full of the faith that the dark past has taught us;
We have come o - ver a way that with tears has been wa - tered;
Lest our feet stray from the plac - es, our God, where we met thee;



sing a song full of the hope that the pres - ent has brought
we have come, tread - ing our path through the blood of the slaugh -
lest, our hearts drunk with the wine of the world, we for get



us. Fac - ing the ris - ing sun of our new day be -
tered, out from the gloom - y past, till now we stand at
thee; shad-owed be - neath thy hand may we for - ev - er



gun, let us march on, till vic - to - ry is won.
last where the white gleam of our bright star is cast.
stand, true to our God, true to our na - tive land.

Text: James W. Johnson
Music: J. Rosamond Johnson

“Lord, Listen to your Children Praying”

Lord, lis - ten to your chil - dren pray - ing, Lord, send your
Spir - it in this place; Lord, lis - ten to your chil - dren
pray - ing, send us love, send us power, send us grace.

The musical score is written in 4/4 time with a key signature of two flats (Bb and Eb). It consists of three systems, each with a vocal line (treble clef) and a bass line (bass clef). The lyrics are: "Lord, lis - ten to your chil - dren pray - ing, Lord, send your Spir - it in this place; Lord, lis - ten to your chil - dren pray - ing, send us love, send us power, send us grace." The music features a mix of chords and moving lines, with some notes beamed together in the vocal line.

By Ken Medema
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"Lord, Help Me to Hold Out"

Lord, help me to hold out,

This system features a treble and bass staff in C major with a key signature of two flats (B-flat and E-flat). The treble staff contains a series of chords, with a triplet of eighth notes (F4, G4, A4) over the words 'help me to'. The bass staff provides a simple harmonic accompaniment.

Lord, help me to hold out,

This system continues the musical notation from the first system, maintaining the same key signature and structure.

Lord, help me to hold out un-

8va -----

This system concludes the phrase 'hold out' with an 'un-' indicating the start of the next system. The bass staff ends with a dotted line and the instruction '8va -----'.

til a change comes. 1. comes. 2.

This system contains two first endings for the phrase 'comes.'. The first ending leads back to the beginning of the phrase, while the second ending concludes it. The treble staff shows the melodic line with a triplet and first/second endings. The bass staff provides the accompaniment.

By James Cleveland
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