

MISSION HILLS UNITED CHURCH OF CHRIST
An Open and Affirming Congregation

4070 Jackdaw Street
San Diego, California 92103
www.missionhillsucc.org



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January 29, 2023

~ Fourth Sunday after Epiphany ~

10:00 a.m.

PRELUDE "Sellinger's Round" - William Byrd

THE BELL – SILENCE

RECALLING WHY WE ARE HERE

One: We gather to worship the God who calls us to do justice.

Many: We gather to worship the God who calls us to love kindness.

One: We gather to worship the God who invites us to walk humbly.

**Many: Let us worship with our hearts, minds, souls,
and bodies so we may serve the world.**

*SONG "Joyful, Joyful We Adore You" verses 1-2, 4 [page 5](#)

PRAYERS OF GOD'S PEOPLE email requests to: prayer@missionhillsucc.org

THE LORD'S PRAYER

Our God, who art in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For yours is the kingdom and the power and the glory forever. Amen.

RESPONSE "What A Friend We Have in Jesus" verse 1 [page 6](#)

ANTHEM "Be Thou My Vision" - arr. by Alice Parker

APPRECIATION FOR ANDREA & JAMES

CHILDREN'S MESSAGE

*PASSING THE PEACE

*RESPONSE "What Does the Lord Require of You" [page 7](#)

THE READING FROM THE HEBREW SCRIPTURES Micah 6:1-4, 6-8 ([click here to follow along](#))

*THE READING FROM THE GOSPEL Matthew 5:1-12 ([click here to follow along](#))

SERMON "Happy People"

"Blest Are They"



1 Blest are they, the poor in spir - it; theirs is the
 2 Blest are they, the low - ly ones; they shall in -
 3 Blest are they who show mer - cy; mer - cy
 4 Blest are they who seek peace; they are the
 5 Blest are you who suf - fer hate, all be -



king - dom of God. Blest are they,
 her - it the earth. Blest are they who
 shall be theirs. Blest are they, the
 chil - dren of God. Blest are they who
 cause of me. Re - joice, be glad;



full of sor - row; they shall be con - soled.
 hun - ger and thirst; they shall have their fill.
 pure of heart; they shall see God.
 suf - fer in faith; the glo - ry of God is theirs.
 yours is the king - dom; shine for all to see.

Refrain



Re - joice and be glad! Bless - ed are you;



ho - ly are you! Re - joice and be glad!



Yours is the king - dom of God!

Welcome to all worshipping with us today. If you are new to Mission Hills UCC, we invite you to fill out the blue card in the pew so we can get to know you and share more about our ministries and community life. We are a church that welcomes families with children in every aspect of our common life. During worship, child care services are available in the church nursery for those under three years of age. Baby changing tables are available in the unisex bathrooms.

<i>Pastor</i>	Rev. Dr. David Bahr
<i>Minister for Congregational Care</i>	Rev. Portia Howard
<i>Liturgist</i>	Sunday School
<i>Director of Instrumental Music</i>	Kristopher Abels
<i>Director of Vocal Music</i>	Angelica Eclar
<i>Director of Ministry with Children and Families</i>	Artcel Ruiz
<i>Youth Leader</i>	Fiona Case
<i>Worship Technologies Coordinator</i>	Saige Afalava
<i>Worship Technician</i>	Trevor Norkowski
<i>Administrative Assistant</i>	Elizabeth Quiñones
<i>Sexton</i>	Gloria Schacht
<i>Nursery Attendants</i>	Gloria Schacht & Jianna Ruiz
<i>ASL Interpreter</i>	Sendy Medina

Mission Hills UCC - Upcoming Events

February	Mission Partner: Uptown Black History Month
<u>Saturday, 2/4</u>	Mission Project: Casas de Luz Home Build, Tijuana
<u>Sunday, 2/5</u>	Mission Project: Casas de Luz Home Build, Tijuana Partnership Racial Justice Event, Ipm, La Mesa UCC
<u>Friday, 2/10</u>	Parent's Night Out, 5-8 pm
<u>Saturday, 2/11</u>	Council Retreat
<u>Sunday, 2/12</u>	Growing Up in the Black Church, 11:15 am, Commons
<u>Sunday, 2/19</u>	Souper Bowl
<u>Tuesday, 2/21</u>	Feeding Mission Hills Food Distribution, 10:30 am
<u>Wednesday 2/22</u>	Ash Wednesday
<u>Sunday, 2/26</u>	First Sunday in Lent
<u>Monday, 2/27</u>	Lenten Study, 7 pm, Commons & zoom
March	Mission Partner: UCC One Great Hour of Sharing
<u>Monday, 3/6</u>	Lenten Study, 7 pm, zoom
<u>Monday, 3/13</u>	Lenten Study, 7 pm, zoom
<u>Saturday, 3/18</u>	Mission Hills 5K, 8 AM Uptown's Spring Fling Concert, 2 PM, POVUCC
<u>Monday, 3/20</u>	Lenten Study, 7 pm, zoom
<u>Tuesday, 3/21</u>	Feeding Mission Hills Food Distribution, 10:30 am
<u>Saturday, 3/25</u>	Partnership Leadership Event, 8 am - 1 pm
<u>Monday, 3/27</u>	Lenten Study, 7 pm, zoom

For all events, visit our online calendar: <https://missionhillsucc.org/calendar-of-events/>

“Joyful, Joyful We Adore You”



1 Joy - ful, joy - ful, we a - dore you, God of glo - ry, God of love;
2 All your works with joy sur - round you, earth and heaven re - flect your rays,
4 Mor - tals, join the might - y cho - rus which the morn - ing stars be - gan;



Hearts un - fold like flowers be - fore you, open - ing to the sun a - bove.
Stars and an - gels sing a - round you, cen - ter of un - bro - ken praise.
Bound - less love is reign - ing o'er us, re - con - cil - ing race and clan.



Melt the clouds of sin and sad - ness, drive the storms of doubt a - way;
Field and for - est, vale and moun - tain, flower - y mead - ow, flash - ing sea,
Ev - er sing - ing, move we for - ward, faith - ful in the midst of strife,



Giv - er of im - mor - tal glad - ness, fill us with the light of day.
Chant - ing bird and flow - ing foun - tain, teach us what our praise should be.
Joy - ful mu - sic leads us on - ward in the tri - umph song of life.



Text by Henry van Dyke | Tune “Hymn to Joy” by Ludwig van Beethoven

“What a Friend we have in Jesus”



What a friend we have in Je - sus, all our sins and griefs to bear!



What a priv-i-lege to car - ry ev - ery-thing to God in prayer!



Oh, what peace we of - ten for - feit, oh, what need-less pain we bear,



All be-cause we do not car - ry ev - ery-thing to God in prayer.

Text by Joseph Medlicott Scriven
Tune “CONVERSE” by Charles C. Converse

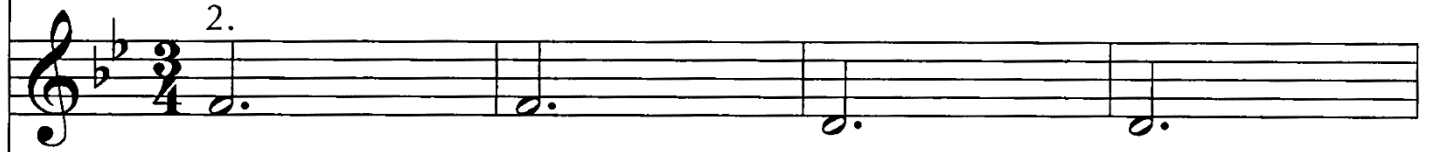
“What Does the Lord Require of You”

1.



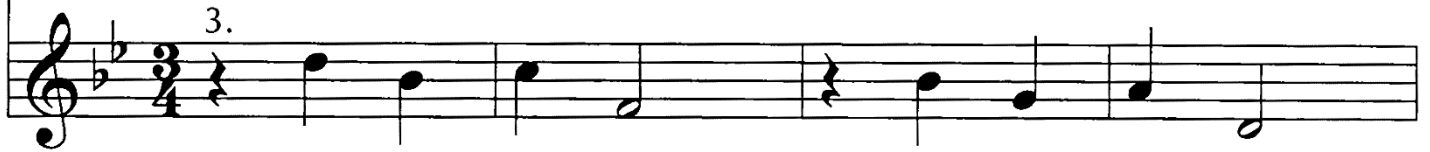
What does the Lord re - quire of you?

2.



Jus - tice, kind - ness,

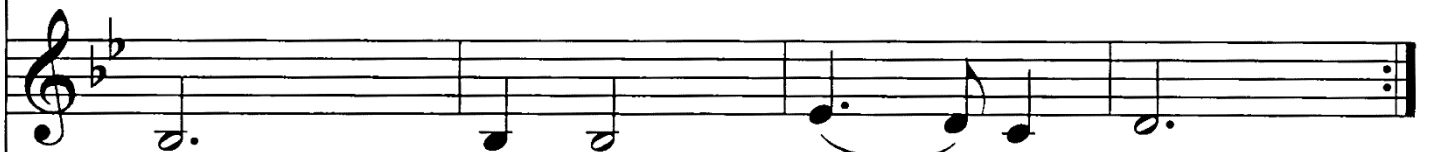
3.



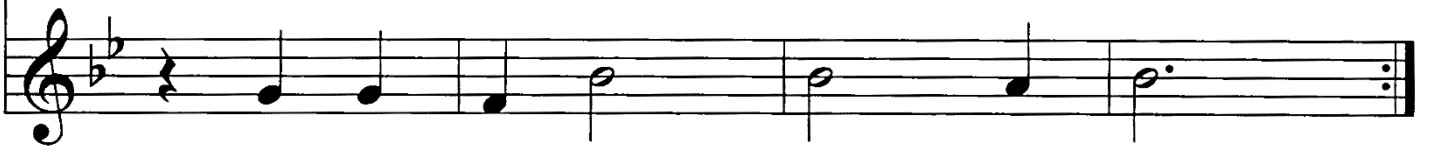
To seek jus - tice and love kind - ness



What does the Lord re - quire of you?



walk hum - bly with your God.



and walk hum - bly with your God.

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 Mission Project: Casas de Luz (Tijuana) 9:00am - Rethinking Our Faith (Commons) 10am - Worship 11am - Fellowship Hour 1pm - Partnership Racial Justice Event, The Table UCC, La Mesa.	6 Office Closed 12:30pm - OA Meeting 4:30pm - CSCT Rehearsal	7 9am - Diabetes Class 7pm - Step Study	8 4:30pm - CSCT Rehearsal	9 12pm - Lunch and Lectionary 6:15pm - Chime Choir 7pm - Choir Rehearsal	10 5pm - Parent's Night Out 6pm - Al-anon Group (Commons)	11 Council Retreat - POVUCC
12 9:00am - Rethinking Our Faith (Commons) 9:30 Communion 10am - Worship 11am - Fellowship Hour 11:15 am - Growing up in the Black Church (Commons)	13 12:30pm - OA Meeting 4:30pm - CSCT Rehearsal	14 9am - Diabetes Class 7pm - Step Study	15 4:30pm - CSCT Rehearsal 6:30 pm - Church Council (zoom)	16 12pm - Lunch and Lectionary 2 pm - Knitting 2 Give 6:15pm - Chime Choir 7pm - Choir Rehearsal	17 9am - Zeta Rho 6pm - Al-anon Group (Commons)	18 Setup for Souper Bowl
19 9:00am - Rethinking Our Faith (Commons) 9:30 Communion (Chapel) 10am - Worship 11am - Souper Bowl	20 President's Day Office Closed 12:30pm - OA Meeting	21 PC Articles Due 9am - Diabetes Class 10:30am - Feeding Mission Hills Food Distribution 7pm - Step Study	22 Ash Wednesday 12:00- Ashes (Courtyard) 4:30pm - CSCT Rehearsal TBD - Partnership Service	23 12pm - Lunch and Lectionary 6:15pm - Chime Choir 7pm - Choir Rehearsal	24 4:30pm - CSCT Auditions 6pm - Al-anon Group (Commons)	25
26 9:00am - Rethinking Our Faith (Commons) 9:30 Communion (Chapel) 10am - Worship 11am - Fellowship Hour	27 12:30pm - OA Meeting 4:30pm - CSCT Rehearsal 7:00pm - Lenten Study	28 9am - Diabetes Class 7pm - Step Study				